

岩間流

Aikido Dojo Berlin – Karow

Takemusu Aikido

合氣道

Uchi-Deshi-PROGRAM



Aikido Dojo Berlin-Karow

I. PURPOSE

The purpose of the Deshi Program is to allow a dedicated student to achieve accelerated growth through total immersion in the practice of Aikido during a specific time period.

“Deshi” means apprentice or personal student. A Deshi is traditionally a student who learns by shadowing the teacher in all activities. Traditionally, these students live in the same house as the teacher or in the dojo and serve the teacher and the dojo.

The intent of the Program is to prepare serious students to become instructors and ultimately dojo-cho.

II. ELIGIBILITY REQUIREMENTS

To be eligible to apply for the Deshi Program a person must satisfy all of the following requirements:

1. Be a member in good standing of an Aikido Dojo.
2. Have adequate medical insurance during the committed period.
3. Have adequate financial resources to allow for uninterrupted study.

III. DESHI RESPONSIBILITIES

1. FOCUS PERSONAL LIFE ON AIKIDO TRAINING.
2. PARTICIPATE DILIGENTLY AND ACTIVELY IN ALL CLASSES AND DOJO ACTIVITIES.

A Deshi is expected to participate diligently and actively in all classes, workshops, seminars and activities sponsored by the Dojo or in which Sensei is involved. Diligent participation means making his best effort to be there every time. Active participation means taking part in the preparation of the event, the event itself and proper closure. More than any one else, a Deshi should persevere through the difficulty of a demanding training schedule and show impeccable attendance.

3. HELP THE SENSEI, SEMPAI AND FELLOW STUDENTS IN ALL AIKIDO ENDEAVORS.

The Deshi is a personal student of the Sensei and as such should always be in tune with the Sensei in order to help him in his endeavors. To do so the Deshi should make every attempt to be at the side of the Sensei and act as his personal attendant at all classes, workshop, seminars and activities. In this process, any experience with the Sensei should be regarded as a learning experience.

This attitude of humility should be further carried into the Dojo in regard to any experience with the sempai and fellow students.

In return, the Sensei, sempai and fellow students acknowledge this dedication by matching an equal gift of energy to that of the Deshi.

4. HELP TO MAINTAIN AND IMPROVE THE DOJO.

By definition, a Deshi is at the core of the Dojo next to the Sensei and sempai. Thus, anything that furthers the goals of the Dojo also furthers the goals of the Deshi and vice versa. In this regard, taking care of the Dojo and making improvements in the Dojo has the same effect on both the Dojo and the Deshi.

Since the Dojo and the Deshi are on the same path, the condition of the Dojo reflects the impeccability of the Deshi. Thus, if he leaves the Dojo in better condition than when he started, the Deshi has grown.

V. TRAINING GOALS

By the end of her Deshi period the Deshi should have achieved the following goals:

Deshi – Basic Level

1. Become a skilled uke sought by all instructors in the Dojo.
2. Be able to conduct classes (10 students) in the Children Program.
3. Be able to demonstrate the basic buki waza curriculum: suburi, kata and kumi.
4. Achieved rank promotions in half the normal time.
5. Learned a meditation practice.
6. Be regarded by all in the Dojo as an exemplary student.